



SHCS 2025 -2026 UNIFORM POLICY MIDDLE SCHOOL GRADES 6 – 8

Sacred Heart Catholic School believes that an appropriate dress code is an important asset in teaching the students the necessity of modesty and acceptable appearance. Our school uniforms are available through Land's End at landsend.com and our school logo is available for embroidery or screen print locally at Ashlee's Embroidery. Our Land's End school code is 900093857. Ashlee's Embroidery is located at 1009 Old West Innes Street, Salisbury, NC 28144.

Students are required to wear a school uniform. Uniforms should be neat and clean at all times; no holes, torn pants or hems, missing buttons, etc. Decorations or emblems are not allowed except for the official Sacred Heart logo. Anyone wearing inappropriate clothing will receive a demerit and have their parent/guardian notified in writing. Each written infraction must be signed by the parent/guardian and returned the next school day. Repeat infractions will result in a meeting with Administration.

School Spirit Wear may be purchased in the school office. Spirit t-shirts may be worn only on Spirit Days (Tuesdays) and will be worn with uniform pants, shorts, or skirts. Spirit sweatshirts or hoodies may be worn any day of the week in the classroom.

MASS DAY UNIFORM: To show respect and reverence, boys are required to wear a white oxford-style, short or long-sleeved button-down dress shirt (school monogram is optional) with an SHCS tie and uniform pants. A sweater vest is optional. The tie is available through Land's End. Girls are required to wear a uniform skirt or pants with a white or navy monogrammed polo style shirt or blouse and their navy monogrammed cardigan sweater. During the months of August, September, May, and June Only, students may change into daily uniform shorts and shirts following Mass. Sweatshirts and hoodies are not allowed during Mass.

Pants or Shorts: Boys and Girls: All pants and shorts should be a solid khaki color, uniform style (plain front or pleated front). Shorts length should not be more than 3 inches above the knee. There are many retailers that sell khaki uniform pants or shorts, however; denim, corduroy, stretch, low-riders, bell-bottoms, cargo-styled, elastic hem, or skinny/tight pants or shorts are not allowed.

Belts: Pants and shorts must be secured with a plain navy, brown, or black belt.

Skirts: Girls Only – Solid khaki color skirts. The skirt length should not be more than 3 inches above the knee. Black, navy, gray, or white shorts, compression shorts, tights, or ankle length leggings must be worn under skirts.

Shirts: Boys and Girls – White or navy plain collar, short or long-sleeved polo style shirt. Embroidered school logo is required. White undershirts may be worn under shirts, if preferred. Boys and Girl's shirts should be tucked in at all times. White undershirts may be worn under shirts and blouses, if preferred.

Turtlenecks (optional): Boys and Girls – White only. If worn alone, the school logo is required.

Sweaters: Girls only – Navy blue cardigan sweater. School logo is required.

Sweater/Vest: Boys only – optional: Navy crewneck or V-neck sweater/sweater vest. Embroidered school logo is required.

Sweatshirts: Navy crewneck sweatshirt embroidered with school logo or the SHCS spirit wear hoodie.

Zip-Front Sweatshirts/Polar Fleece (optional): Navy hooded zip-front sweatshirts or navy polar fleece jacket or vest may be worn at any time, except during Mass. School logo is required.

PE Uniforms: Navy gym shorts (mid-thigh length) and a navy blue or yellow short-sleeve t-shirt. School logo is required on the t-shirt. Complete PE uniforms are mandatory for grades 6th – 8th. 5th graders will not change into a PE uniform.

House Shirts: Students are allowed to wear their House Shirts on Wednesdays and House Event Days. These shirts will be available for purchase at the beginning of the school year. If a student chooses Not to purchase a House Shirt, they will need to wear their regular uniform shirt to school.

Socks: Students must wear socks. Acceptable colors are solid white, navy, gray, or black – no designs, embroidery, or embellishments on socks. Socks should not be worn over or above the knee.

Shoes: Sneaker/tennis shoes with rubber soles only, with the exception that girls may wear rubber-soled Mary Jane shoes if preferred. Shoes with flashing lights or wheels are not allowed. Grades 5 – 8 may wear their choice of shoes (no heels) on Fridays for Free Shoe Friday.

Book Bags: Backpack style. No wheels. Must fit in their school locker.

Lunch Boxes: Soft-sided lunch box that will fit in their locker. No coolers.

Nail Polish/Makeup: Only clear nail polish is allowed. No acrylic, SNS, solar nails, etc. Make-up must appear natural and not noticeable.

Jewelry: Only small, post, non-dangling earrings may be worn by girls. Boys are not permitted to wear earrings. Pierced body parts and tattoos of any kind are not allowed for the students. Boys and girls are permitted to wear a cross, crucifix, or religious medal around their necks. Pins and bracelets of a Christian nature may be worn.

Appearance: Radical haircuts, styles, or unnatural colors are not permitted. Hair should be neat and groomed out of the student's face. Male hair is not to touch the collar. No baseball caps, scarf headbands, or sweatbands.

Perfumes: Due to allergic reactions – perfumes, colognes, or scented lotions are not permitted.